***ABSTRACT***

***The Relationship Between Health Literacy and Self-Management in Chronic Kidney Disease Patients Undergoing Hemodialysis at RSU Negara***

Ni Komang Emi Trisnawati 1, Dewa Putu Arwidiana2

Ni Made Nopita Wati3,

1,2,3Stikes Wira Medika Bali

*Patients with chronic kidney disease undergoing hemodialysis require good self-management skills to maintain quality of life and prevent complications. One factor that influences the success of self-management is the level of health literacy, namely the individual's ability to access, understand, and use health information. This study aims to determine the relationship between health literacy and self-management in chronic kidney disease patients undergoing hemodialysis at RSU Negara. This study used a descriptive correlational design with a cross-sectional approach. The sample consisted of 112 chronic kidney disease patients undergoing hemodialysis, selected using a purposive sampling technique. The instruments used included health literacy and self-management questionnaires. Data analysis was performed using the Rank Spearman correlation test. The results showed that there was a significant relationship between health literacy and self-management in chronic kidney disease patients undergoing hemodialysis (p <0.05). Patients with high levels of health literacy tend to have better self-management skills. Health literacy plays an important role in improving the self-management skills of hemodialysis patients. Improving health literacy through appropriate education can be an effective strategy in supporting long-term care of chronic kidney disease patients.*

***Keyword****:* *Health literacy, self-management, chronic kidney disease, hemodialysis*