

ABSTRAK

Gambaran Tingkat Pengetahuan Remaja tentang Pertolongan Pertama pada Kondisi Kegawat Daruratan di SMA Negeri 1 Payangan

Luh Made Wahyu Nirmalasari¹, A. A Istri Dalem Hana Yundari², Ni Luh Putu Dewi Puspawati³

Kondisi kegawatdaruratan dapat terjadi kapan saja, termasuk di lingkungan sekolah, sehingga siswa perlu memiliki pengetahuan yang memadai tentang pertolongan pertama agar dapat melakukan tindakan awal yang tepat sebelum mendapatkan penanganan medis lanjutan. Penelitian ini merupakan penelitian deskriptif dengan pendekatan kuantitatif. Populasi penelitian adalah seluruh siswa SMA Negeri 1 Payangan, dengan jumlah sampel sebanyak 219 siswa yang dipilih menggunakan teknik stratified random sampling. Instrumen penelitian berupa kuesioner untuk mengukur tingkat pengetahuan siswa tentang pertolongan pertama dalam kondisi kegawatdaruratan. Data disajikan dalam bentuk distribusi frekuensi dan persentase. Hasil penelitian menunjukkan bahwa sebagian besar siswa memiliki tingkat pengetahuan yang baik tentang pertolongan pertama, yaitu sebesar 80,8%, sedangkan 16,4% berada pada kategori cukup dan 2,7% berada pada kategori kurang. Mayoritas responden berada pada usia 17–18 tahun, dengan proporsi jenis kelamin yang relatif seimbang, serta sebagian besar responden (94,1%) pernah menerima informasi tentang pertolongan pertama. Tingginya tingkat pengetahuan siswa dipengaruhi oleh paparan informasi melalui lingkungan sekolah, media, dan tenaga kesehatan, yang berperan penting dalam pembentukan pengetahuan siswa.

Kata kunci: pengetahuan, pertolongan pertama, kegawatdaruratan, siswa SMA.

ABSTRACT

Overview of Adolescents' Knowledge of First Aid in Emergency Conditions at SMA Negeri 1 Payangan

Luh Made Wahyu Nirmalasari¹, A. A Istri Dalem Hana Yundari², Ni Luh Putu Dewi Puspawati³

Emergency conditions can occur at any time, including in the school environment; therefore, students need to have adequate knowledge of first aid in order to perform appropriate initial actions before receiving further medical treatment. This study was a descriptive study with a quantitative approach. The study population consisted of all students of SMA Negeri 1 Payangan, with a total sample of 219 students selected using stratified random sampling. The research instrument was a questionnaire to measure students' level of knowledge regarding first aid in emergency conditions. The data were presented in the form of frequency and percentage distributions. The results showed that most students had a good level of knowledge about first aid (80.8%), while 16.4% were in the moderate category and 2.7% were in the poor category. The majority of respondents were aged 17–18 years, with a relatively balanced proportion between male and female students, and most respondents (94.1%) had previously received information about first aid. The high level of students' knowledge is influenced by exposure to information through the school environment, media, and health professionals, which plays an important role in shaping students' knowledge.

Keywords: knowledge, first aid, emergency conditions, senior high school students.